

Cornell & Ithaca Resources: A Practical Guide

Start exploring Ithaca! These pages provide but a sample of the wide array of local businesses and services. For more ideas, conduct an Internet search or check the yellow pages of a local telephone book.

Services

Banking

The following is a glossary of banking terms as well as a list of banks that can be found on campus and around Ithaca. When choosing a bank, consider its location. For convenience, consider a bank located near where you live, work, or study. Before visiting to open an account, call the bank or check its web site to see what you will need to open an account (ID, minimum deposit, etc.)

Checking account: With a checking account, you can use checks to withdraw money from the account, pay bills, purchase products and services, and send money to friends and family. You may also be able to withdraw or deposit funds at an automated teller machine (ATM) or to pay for purchases at stores with an ATM card (see below).

Typically, you can make deposits into the checking account as often as you choose. Institutions may impose various fees on checking accounts, in addition to a charge for the checks you order. Be sure to review all of the terms and conditions of having an account with a particular institution before you sign up.

Automated Teller Machine (ATM) and debit cards: Your bank may be able to issue you a basic Automated Teller Machine (ATM) card that lets you obtain 24 hour access to money in your bank account through ATM cash machines, or a more sophisticated debit card that you can use to make purchases directly.

When you use a debit card, funds come directly out of your bank account (just like writing a check). Because ATM withdrawals and purchases are listed on your monthly statement, you can track your spending. Reconcile all ATM receipts with bank statements as soon as possible.

Certain debit cards may have the logo of a familiar credit card company on them. These cards are designed to provide you the convenience of making purchases wherever such credit cards are accepted (millions of businesses worldwide), but the purchase amounts are subtracted directly from your bank account and listed on your monthly statement. Debit cards do not extend you credit or generate separate bills. They also do not help you build a credit record, which may be important if you intend to purchase a car or home.

When you withdraw cash, some ATMs charge a fee if you are not a member of their network or are making a transaction at a remote location. ATMs must disclose the fee on the terminal screen or on a sign next to the screen.

Report a lost or stolen ATM or debit card to the issuer immediately or you may be at least partially liable for fraudulent purchases. (*Adapted from <http://www.foreignborn.com>*)

Savings account: With savings accounts you can make withdrawals, but you do not have the flexibility of using checks to do so. You can typically transfer funds from your savings account to your checking

account (assuming both accounts are with the same institution). A savings account accrues a modest amount of interest over time.

Safety deposit box: A safety deposit box is a safe place to store your valuables at a bank. It is protected by a personal key.

Banks (in alphabetical order)

- **Alternatives Federal Credit Union** (<http://www.alternatives.org/>)
125 N Fulton St, (607) 273-461
- **Bank of America** (<http://www.bankofamerica.com>)
202 E State St (The Commons), (607) 274-4860
Other locations: 409 College Ave (ATM); 304 Elmira Rd
- **CFCU Community Credit Union*** (<http://www.mycfcu.com>)
The Cornell Store, (607) 255-5111
Other locations: Triphammer Mall; East Hill Plaza; 409 N Meadow St
- **Citizens Bank** (<http://www.citizensbank.com/>)
2300 N Triphammer Rd, (607) 257-3322
Other locations: 710 S Meadow St; 408 Elmira Rd
- **HSBC Bank*** (<http://www.us.hsbc.com>)
300 N Tioga St, 1 (800) 975-4722
Other locations: Willard Straight Hall (ATM); 302 Pine Tree Rd; 2315 N Triphammer Rd
- **M&T Bank*** (<http://www.mandtbank.com>)
118 N Tioga St, (607) 274-8948
Other locations: Willard Straight Hall (ATM); Robert Purcell Union (ATM); 406 College Ave; East Hill Plaza; The Shops at Ithaca Mall; The Commons
- **Tompkins Trust Company*** (<http://www.tompkinstrust.com>)
The Cornell Store, (607) 257-1909
Other locations: The Commons; East Hill Plaza; Community Corners; The Shops at Ithaca Mall; 2251 N Triphammer Rd

* indicates campus branch or ATM

Haircut, Barber and Salon Services

- **Acute Style**, 147 Dryden Rd, (607) 277-4969
- **Alta Spa**, 308 E State St, (607) 273-6818
- **City Style Hair Salon**, 407 Eddy St, (607) 277-0722
- **Gayle's Uptown Salon**, 206 W Green St, (607) 273-6461
- **Hair Etc.**, 920 N Cayuga St, (607) 257-7910
- **Hairy Canary**, 116 N Cayuga St, (607) 273-2221
- **Innovations Aveda Spa**, 414 N Tioga St, (607) 273-5008
- **Marcia's Hair Styling**, 2389 N Triphammer Rd, (607) 257-3993
- **Renaissance Hair Styles**, 210 Dryden Rd, (607) 273-1337
- **Satori Day Spa & Salon**, 840 Hanshaw Rd, (607) 266-0130
- **Studio 108 Hair Design**, Dryden Rd, (607) 277-4852
- **Talking Heads**, 215 Dryden Rd, (607) 277-7778

Information & Referral Centers

- **Cornell University**, Day Hall Lobby, (607) 254-INFO
- **Tompkins County**, Human Services Coalition of Tompkins County, call 2-1-1 (within Tompkins County) or 1 (877) 211-8667

Lost & Found

- **At Cornell**: University Police, G-8 Barton Hall, (607) 255-7197, lostandfound@cornell.edu
- **On a TCAT bus**: call (607) 277-7433
- **In Ithaca**: try Ithaca Craigslist (<http://ithaca.craigslist.org/laf/>)

Photocopy and Fax Services

- **Big Red Photo Department, Cornell Campus Store** (<http://www.store.cornell.edu/ss.html>), 255-3818
- **The Cornell PostMarket**, 254 ILR Research Building, (607) 255-3907
- **Gnomon Copy** (<http://www.gwecopy.com/>), 720 S Meadow St, (607) 273-3333
- **K C Copy Center**, 118 Dryden Rd, (607) 272-6525
- **Kinko's of Ithaca** (<http://fedex.com/us/office/>), 605 W State Street, (607) 272-0202
- **Olin Library Copy Operations**, B41 Olin Library, (607) 255-4700
- **Staples** (<http://www.staples.com/>), 742 S Meadow St, (607) 275-0240

Postal/Mail, Shipping and Courier Services

- **United States Postal Service (USPS)** (<http://www.usps.com/>)
 - **The Cornell PostMarket**, 254 ILR Research Building, (607) 255-3070
 - **Main Office**, 757 Warren Road, 1 (800) 275-8777
 - **Downtown**, 213 N Tioga St, 1 (800) 275-8777
- **Big Red Shipping and Storage** (<http://www.bigredboxes.com/>) 409 College Ave, (607) 272-2000
- **Federal Express (FedEx)** (<http://www.fedex.com/us/office/>) 747 Warren Rd, 1 (800) 463-3339; 605 W State St, (607) 272-0202
- **Mail Boxes Etc.** (<http://theupsstore.com>) 101 E State St, The Commons, (607) 256-0275
- **ShipRite University Storage & Shipping** (<http://www.shiprite.net/>) 206A Dryden Rd., (607) 275-3711

Solid Waste Removal

(garbage/trash, recycling, compost)

Note: If you are living off campus, you are responsible for disposing your trash according to Ithaca regulations and the provisions of your lease.

First, check with your landlord to determine the trash removal procedures for your residence. You may be personally responsible for the costs, or this may be included in your rent. You may be required to purchase "trash tags" to label your trash for collection (removal), or asked to place your trash in a specific location.

In any case, you are required to separate recyclable items (metal, glass, paper) from your regular trash.

- For information about separating your recyclables, trash and recycling **collection schedules**, and how to purchase **trash tags**, visit <http://www.ci.ithaca.ny.us/index.asp?> and search for "trash".

- For information about general solid waste management, and **recycling and reuse programs** visit <http://www.recycletompkins.org/>.
- For information about large scale **composting** of food scraps and plant materials, visit <http://www.cayugacompost.com/>.

Telephone and Internet Services

When thinking about what kind of telephone service you'd like, you should consider wireless (cell/mobile), landline, digital cable, and VoIP. Don't forget to ask about international calling plans! Note: you can also purchase pre-paid calling cards to make international phone calls using your regular phone service.

For internet service, you can choose DSL, FiOS, cable modem, wireless, satellite, and dial-up.

Telephone and Internet services are often integrated or bundled together, and you can sometimes add cable television service as well.

Some popular local providers:

- **Time Warner Cable** (<http://www.timewarnercable.com>)
Digital cable phone, broadband Internet, and television
519 West State Street, (607) 272-3456
- **Verizon** (<http://www2.verizon.com/>)
Landline and wireless phone, DSL and FiOS Internet, FiOS television (FiOS may not be available)
40 Catherwood Road, (607) 257-2917
- **AT&T** (<http://att.com>)
Landline and wireless phone, dial-up Internet
324 Elmira Road, (607) 273-0400
- **Sprint** (<http://www.sprint.com>)
Wireless phone, mobile Internet
40 Catherwood Road, 607-257-0252
- **T-Mobile** (<http://www.t-mobile.com/>)
Wireless phone, mobile Internet
40 Catherwood Road, 607-257-3465
- **Skype** (<http://www.skype.com>)
VoIP (Voice over Internet Provider)
- **Vonage** (<http://www.vonage.com>)
VoIP
- **Clarity Connect** (<http://clarityconnect.com>)
DSL and dial-up Internet
200 Pleasant Grove Road, (607) 257-8268
- **Light Link** (<http://www.lightlink.com>)
Broadband and dial-up Internet
(607) 229-5838

Television (cable)

Remember: television, phone, and Internet services can often be bundled together for extra savings!

- **Time Warner Cable** (<http://www.timewarnercable.com>)
519 West State Street, (607) 272-3456
- **DIRECTV** (<http://www.usdirect.com/directv/>)
- **Dish Network** (<http://www.connectmysatellitedish.com/>)
176 Genung Road, (607) 216-4484

Utilities (electricity, natural gas, water & sewer)

For off-campus residents only! Note: landlords may pay for part, all, or none of your utilities. Check your lease or ask your landlord directly. Residences may be heated with natural gas, electricity, oil, propane, or wood stoves. It is important that you understand how your apartment is heated and powered, and who pays for the energy. If you are responsible for setting up and paying for your own electric and gas

bill, you should contact NYSEG (see below). Your landlord will also tell you whether you are connected to the municipal water supply and who is responsible for paying the water & sewer bill for your residence.

- **New York State Electric & Gas (NYSEG)** (<http://www.nyseg.com>) 1-800-572-1111
- **City of Ithaca Water & Sewer Division**, (607) 272-1717

Shopping

Books and Office Supplies

*Tip: Ithaca has a terrific **Friends of the Library Book Sale** each fall and spring. Thousands of used books are available in every subject. Prices get progressively cheaper over the three-week sale period. See <http://booksale.org/> for more information.*

- **Alphabet Soup** (kids' books), 133 E. State St, (607) 272-6885
- **Autumn Leaves** (used books), 115 The Commons, (607) 273-8239
- **Barnes and Noble Booksellers**, 614 S Meadow St, (607) 273-6784
- **The Bookery** (rare books), The DeWitt Mall, (607) 273-5055
- **Borders Bookstore**, Shops at Ithaca Mall, (607) 257-0444
- **Buffalo Street Books**, The DeWitt Mall, (607) 273-8246
- **The Cornell Campus Store**, (607) 255-4111
- **Colophon Books Inc.** (specialty), 205 N Aurora St, (607) 277-5608
- **Comics For Collectors** (comic books, manga), 207 N Aurora St, (607) 272-3007
- **Kraftees** (text books), 325 College Ave, (607) 269-0510
- **Mayer's Smokeshop & Newsstand** (magazines, newspapers), 318 E State St, (607) 272-1211
- **Race Office Equipment Co** (office supplies), 123 The Commons, (607) 273-1011
- **Staples** (office supplies), 742 S Meadow St, (607) 275-0240
- **When looking for textbooks, you can also check online!**
 - <http://www.amazon.com>
 - <http://www.ebay.com>
 - <http://www.half.com>
 - <http://www.ecampus.com>
 - <http://www.textbooks.com>
 - <http://www.abebooks.com>

General Shopping (clothes, home & more)

Malls, Shopping Plazas, General Shopping Areas

- **Cayuga Mall**, 2309 N Triphammer Rd
- **Collegetown**
- **Community Corners**, N Triphammer & Hanshaw Rd
- **Downtown Ithaca & The Commons**, E State St
- **The DeWitt Mall**, 215 North Cayuga St
- **East Hill Plaza**, Pine Tree & Ellis Hollow Rd
- **Elmira Rd/S Meadow St**, Route 13 South
- **Ithaca Shopping Plaza**, Route 13 South
- **The Shops at Ithaca Mall**, 40 Catherwood Rd
- **Triphammer Mall**, 2255 N Triphammer Rd

"Super" Stores

- **Bed Bath & Beyond** (housewares), 131 Fairgrounds Memorial Pkwy (off Rt 13), (607) 257-0329
- **Home Depot** (building supplies, home & garden), 410 Elmira Road, (607) 272-1094
- **Kmart** (clothing, housewares, personal care, electronics), 744 South Meadow Street, (607) 272-1430

- **Lowes** (building supplies, home & garden), 130 Fairgrounds Memorial Pkwy (off Rt 13), (607) 254-2000
- **Target** (clothing, housewares, personal care, electronics), The Shops at Ithaca Mall, (607) 257-3387
- **Walmart** (clothing, housewares, personal care, electronics), 135 Fairgrounds Memorial Pkwy (off Rt 13), (607) 277-4510

Pre-owned Housewares and Clothing

Purchasing pre-owned or used items is better for the environment and your wallet. Check these places first before you buy new!

- **Cornell Dump & Run Sale**, <http://www.campuslife.cornell.edu/campuslife/dump-and-run.cfm>
- **Finger Lakes ReUse, Inc.** (dishes, furniture, electronics and more!), Triphammer Mall, (607) 257-9699
- **Ithaca Antique Center** (vintage and antiques), 1607 Trumansburg Road, (607) 272-3611
- **Mama Goose** (baby/toddler clothes, cloth diapers, toys and equipment), 430 West State Street, (607) 269-0600
- **Mimi's Attic** (household items), 430 W. State Street, 607-882-9038
- **Petrune** (vintage clothing), 202 The Commons, (607) 277-1930
- **The Salvation Army** (dishes, furniture, clothing, games, toys), 381 Elmira Road, (607) 273-3872
- **Service League Shop** (clothing), 104 West Seneca Street, (607) 272-2120
- **Sew Green** (reclaimed sewing materials) 112 N Cayuga St, (607) 277-7611
- **Significant Elements** (reclaimed building and architectural elements), 212 Center St, (607) 277-3450
- **Trader K's** (clothing, children's clothing), 119 The Commons, (607) 272-4011
- **Ithaca Freecycle** (free stuff!), <http://groups.yahoo.com/group/IthacaFreecycle/>
- **Ithaca Craigslist** (online classifieds), <http://ithaca.craigslist.org/sss/>
- **Garage, Tag, Yard, and Rummage Sales**
- **Classified Ads in newspapers**
- **Auctions**, <http://cnyauctions.com/>

Grocery and Ethnic Food Stores

Tip: Try a "Shopper's Club" (Wegmans) or "Bonus Card" (Tops) to make sure you get all of the advertised specials.

- **AJ's Delights** (Russian, East European, some Middle Eastern), Triphammer Mall
- **ALDI** (low prices on the basics), 505 3rd St, <http://www.aldifoods.com>
- **GreenStar Cooperative Market** (natural, local), 701 W Buffalo St, (607) 273-9392 (satellite location, Oasis, in Dewitt Mall)
- **Ithaca Bakery** (sweets, condiments, cheeses), 400 N Meadow St, (607) 273-7110
- **Ithaca Farmer's Market** (seasonal), Steamboat Landing (off Rt 13), (607) 273-7109, <http://ithacamarket.com>
- **Ithaca Tofu** (Asian/Chinese groceries), 23 Cinema Dr, (607) 266-0336
- **Ludgate Farms** (gourmet, bulk, natural), 1552 Hanshaw Rd, (607) 257-1765
- **Sangam Indian Curry & Spice**, Center Ithaca, The Commons, (607) 277-6717
- **Tops Friendly Market** (large, all-purpose grocery), 710 South Meadow St, (607) 275-8041; Other location: 2300 N Triphammer Rd, (607) 257-4984
- **Universal Deli Grocery** (Asian/Indian), 428 Eddy St, (607) 273-1213
- **Wegmans** (large, all-purpose grocery), 500 S Meadow St, (607) 277-5800
- **Wilson Farms** (small, all-purpose grocery), 409 College Ave, (607) 256-9672

- **Win Li Supermarket** (Asian/Chinese groceries), 374 Elmira Road, (607) 277-6790

Recreation and Entertainment

Athletics & Fitness

- **Cornell Athletics** (<http://www.cornellbigred.com/>)
Team Sports, Game Schedules, Education
- **Cornell Fitness Centers** (<http://www.fitness.cornell.edu/>),
Centers: Helen Newman Hall, Teagle/Schoellkopf Hall, Appel Commons Friedman Fitness Center, Noyes
- **Cornell Outdoor Education** (<http://www.coe.cornell.edu/>)
Outdoor activity instruction, equipment rental
- **Bowling**, Helen Newman Hall, (607) 255-4200,
<http://bigred2.athletics.cornell.edu/bowling/contactus.htm>
- **Lindseth Climbing Wall**, Bartels Hall, (607) 254-8255
- **Downhill Skiing/Snowboarding**: Greek Peak Resort (<http://www.greekpeak.net/>), 1-800-955-2754
- **Robert Trent Jones Golf Course** (<http://bigred2.athletics.cornell.edu/golff/>)
Warren Road, (607) 257-3661
- **Horseback Riding**: Equestrian Center, (607) 272-0150
- **Ice Skating at Lynah Rink** (<http://bigred2.athletics.cornell.edu/lynah/>), (607) 255-2312
- **Ithaca League of Women Rollers** (<http://www.ithacarollerderby.com/>)
- **Grumman Squash Courts**, Teagle Hall, (607) 255-1318
- **Swimming Pools**: Helen Newman Hall, Teagle Hall
<http://intramurals.athletics.cornell.edu/rec/Facilities/Pool-Hours/>
- **Reis Tennis Center** (<http://www.reistenniscenter.com/>)
- **Student Organizations** (<http://sao.cornell.edu/SO/>)
Dance, martial arts, etc.

Dining

Ithaca boasts a large and diverse number of eating establishments, especially for a city of its size. There are simply too many restaurants and dining options to list all of them here. New restaurants open on a regular basis, and menus are constantly changing. We would recommend visiting <http://www.ithacamenu.com/> for an up-to-date, comprehensive listing of Ithaca-area restaurants, pubs, diners, grills, bistros and cafes. You can also find information and recommendations at <http://dining.14850.com/> and <http://www.visitithaca.com/dining/>.

As you explore Collegetown, The Commons, and downtown Ithaca, take a peek at restaurant menus. Ask your friends and co-workers for suggestions about their favorite places to eat. Conduct an internet search for your favorite cuisines. You are sure to find something you'll enjoy!

For information about the local food movement, pick up a copy of *Edible Finger Lakes* or visit their online magazine at <http://www.ediblecommunities.com/fingerlakes/>.

Ithaca has three coffee roasting companies—Gimme! Coffee, Ithaca Coffee Company, and Cayuga Coffee (Ithaca Bakery), and at least three microbreweries—Ithaca Beer Company, Bandwagon Brew Pub, and The Scalehouse Brewpub.

The Finger Lakes region also features a number of terrific wineries. For information about local wine trails, visit <http://www.cayugawinetrail.com/> and <http://senecalakewine.com/jc/>.

Concerts and Plays

- **Cayuga Chamber Orchestra** (www.cayugachamberorchestra.org)
- **The Cayuga Vocal Ensemble** (<http://www.cayuga-vocal.org/>)
- **Cornell Concert Commission** (<http://www.cornell-concert.com/>)
- **Cornell Concert Series** (<http://www.cornellconcertseries.com/>)
- **Dan Smalls Presents** (concerts) (<http://www.dansmallspresents.com>)
- **The Hangar Theatre** (<http://www.hangartheatre.org/>)
- **Ithaca Ballet** (<http://www.ithacaballet.org/>)
- **Ithaca College School of Music events** (<http://www.ithaca.edu/music/events/index.php>)
- **Ithaca College Theatre** (<http://www.ithaca.edu/hs/depts/theatre/main/>)
- **The Kitchen Theatre** (<http://www.kitchentheatre.org/>)
- **NYS Baroque** (<http://www.nysema.com/>)
- **The Schwartz Center for Performing Arts** (theatreilmindance.cornell.edu/schwartz-center/)
- **The State Theater** (<http://www.stateofithaca.com/>)

Movie Theaters/Rentals

- **Cinemapolis** (<http://www.cinemapolis.org/>)
120 Green St, The Commons, (607) 277-6115
- **Cornell Cinema** (<http://cinema.cornell.edu/>)
Willard Straight & Uris Hall, (607) 255-3522
- **Regal Cinemas** (<http://www.theshopsatithacamall.com/>)
The Shops at Ithaca Mall, 257-2700
- **Collegetown Video** (<http://www.collegetownvideo.com>)
103 Dryden Rd, (607) 272-3502
- **redbox** (<http://www.redbox.com/>)
redboxes are located in Wegmans, Tops, Walmart
- **Netflix** (<http://www.netflix.com>)
- **Blockbuster** (<http://www.blockbuster.com/browse>)

Museums

- **Cayuga Nature Center** (<http://www.cayuganaturecenter.org/>)
1420 Taughanock Blvd, (607) 273-6260
- **Herbert F. Johnson Museum of Fine Art**, Cornell (<http://www.museum.cornell.edu/>), Arts Quad, (607) 255-6464
- **The History Center in Tompkins County** (<http://www.thehistorycenter.net>), 401 E State St, (607) 273-8284
- **Museum of the Earth** (<http://www.museumoftheearth.org/>)
1259 Trumansburg Rd (Rt 96), (607) 273-6623
- **Sciencenter** (<http://www.sciencenter.org/>), 601 First St, (607) 272-0600

Parks and Nature

- **Allan H. Treman State Marine Park**, Rt 89, (607) 272-1460
- **Buttermilk Falls State Park**, Rt 13 S, (607) 273-5761
- **Cascadilla Creek Gorge**, Collegetown to Downtown
- **Cass Park**, Taughanock Blvd, (607) 273-9211
- **Cornell Plantations** (<http://www.plantations.cornell.edu>),
One Plantation Rd, (607) 255-2400
- **Finger Lakes Trail** (<http://www.fltconference.org/trails/>)
- **Ithaca Falls**, Lake Street
- **Robert H. Treman State Park**, Route 327, 273-3440
- **Six Mile Creek Natural Area/Wildflower Preserve**, Giles St
- **Taughanock Falls State Park**, Route 89, (607) 387-6739
- **Watkins Glen**, (607) 535-4511
- Visit <http://nyfalls.com/> for information about NY Waterfalls
- Visit http://en.wikipedia.org/wiki/Trails_in_Ithaca,_New_York for information about recreation trails in Ithaca